



Republic of the Philippines
DEPARTMENT OF HEALTH
Office of the Secretary



July 6, 2026

DEPARTMENT CIRCULAR

No. 2026 - 0393

FOR : ALL UNDERSECRETARIES AND ASSISTANT SECRETARIES; DIRECTORS OF BUREAUS, SERVICES, AND CENTERS FOR HEALTH DEVELOPMENT; MINISTER OF HEALTH - BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO; AND ALL OTHERS CONCERNED

SUBJECT : Dissemination of the National, Regional, and City-Level People Living with Human Immunodeficiency Virus (PLHIV) Estimates for CY 2026-2030

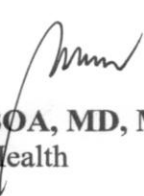
The Philippines has been using the PLHIV estimates to aid programmatic response, develop strategic plans, and monitor progress towards the 95-95-95 targets, the HIV Health Sector Plan (HSP), and Acquired Immunodeficiency Syndrome (AIDS) Medium Term Plan (AMTP) targets.

Annually, the National HIV/AIDS & STI Surveillance and Strategic Information (NHSSS) Section of the Department of Health-Epidemiology Bureau (DOH-EB) leads the process of developing the PLHIV estimates generated through a thorough analysis and triangulation of epidemiological and behavioral data derived from several key data sources, including the 2025 HIV/AIDS & ART Registry of the Philippines (HARP), the 2022 Integrated HIV Behavioral and Serologic Surveillance (IHBSS), the 2022 Key Affected Population (KAP) Size Estimates, and the 2020 Population Census. This includes a comprehensive consultation, validation, and vetting procedure involving technical experts from the East-West Center in Hawaii, Avenir Health, the Joint United Nations Programme on HIV/AIDS (UNAIDS), the World Health Organization (WHO), the Philippine HIV Estimates Core Team, and the HIV Technical Working Group.

Endorsed herein is the **National, Regional, and City-level PLHIV Estimates for CY 2026-2030** (Annex A) which shall be used for planning and target setting. For clarifications, you may coordinate with the EB - National HIV/AIDS & STI Surveillance and Strategic Information (NHSSS) Section through nhsss@doh.gov.ph.

Dissemination for all concerned is requested.

By the Authority of the Secretary of Health:


GLORIA J. BALBOA, MD, MPH, MHA, CEO VI, CESO III
Undersecretary of Health

Annex A. National and Regional PLHIV Estimates, CY 2026-2030

	2026 Best Estimate	2026 Lower Bound	2026 Higher Bound	2027 Best Estimate	2027 Lower Bound	2027 Higher Bound	2028 Best Estimate	2028 Lower Bound	2028 Higher Bound	2029 Best Estimate	2029 Lower Bound	2029 Higher Bound	2030 Best Estimate	2030 Lower Bound	2030 Higher Bound
National	280,000	232,700	324,500	315,100	261,600	365,100	353,600	294,000	410,600	396,000	328,900	459,300	442,400	367,300	512,800
NCR	78,800	63,800	93,000	85,900	68,900	101,800	93,300	74,400	111,400	101,000	79,700	121,200	109,100	85,200	131,400
1	9,500	8,100	10,800	11,200	9,600	12,700	13,200	11,400	14,900	15,500	13,500	17,300	18,100	15,900	20,100
2	6,000	5,100	6,800	7,100	6,100	8,000	8,400	7,300	9,400	9,900	8,700	11,100	11,600	10,200	12,900
3	30,000	25,000	34,600	33,900	28,300	39,100	38,200	32,000	44,100	42,900	35,900	49,500	48,100	40,300	55,400
4A	48,000	40,000	55,600	53,800	44,700	62,300	60,100	50,000	69,800	67,000	55,600	77,700	74,400	61,600	86,300
4B	5,600	4,800	6,500	6,600	5,600	7,500	7,700	6,600	8,700	8,900	7,700	10,100	10,300	8,900	11,600
5	7,500	6,400	8,500	8,900	7,600	10,000	10,400	9,100	11,800	12,300	10,700	13,700	14,300	12,600	16,000
6	12,300	10,400	14,100	14,200	12,100	16,300	16,400	14,000	18,700	18,800	16,100	21,400	21,500	18,500	24,400
7	21,100	17,600	24,300	23,100	19,200	26,700	25,100	20,800	29,300	27,300	22,400	31,900	29,600	24,100	34,700
8	6,000	5,100	6,800	7,100	6,100	8,000	8,400	7,300	9,500	10,000	8,700	11,100	11,700	10,300	13,000
9	5,600	4,800	6,500	6,600	5,500	7,500	7,600	6,500	8,600	8,700	7,500	10,000	10,000	8,700	11,300
10	8,300	7,000	9,500	9,500	8,100	10,900	11,000	9,300	12,500	12,600	10,700	14,300	14,400	12,300	16,300
11	16,300	13,500	18,800	18,300	15,200	21,100	20,400	17,000	23,700	22,800	18,900	26,500	25,400	21,000	29,400
12	8,200	6,900	9,500	9,400	7,900	10,800	10,800	9,100	12,300	12,200	10,400	14,000	13,900	11,800	15,800
BARM	2,000	1,700	2,300	2,400	2,100	2,700	2,800	2,400	3,200	3,400	2,900	3,700	3,900	3,400	4,400
CAR	2,700	2,200	3,000	3,000	2,600	3,500	3,500	3,000	4,000	4,000	3,400	4,600	4,600	3,900	5,200
Caraga	4,400	3,800	5,100	5,200	4,500	5,900	6,100	5,300	6,900	7,100	6,200	8,000	8,300	7,200	9,300
NIR	7,700	6,500	8,800	8,900	7,500	10,200	10,200	8,700	11,700	11,700	10,000	13,300	13,300	11,400	15,100

City-level estimates are available through this link: <https://tinyurl.com/PLHIVestimates2026-2030>

Notes:

1. Estimates presented were year-end projections and were rounded off to the nearest hundreds. The sum of regional PLHIV estimates may not correspond with the national PLHIV estimate due to rounding of figures.
2. Cotabato City estimates were included in BARM.
3. Sulu estimates were included in Region 9.

Reference: AIDS Epidemic Model (AEM)-Spectrum, Jun 2026