



2019 YEAR END REPORT

**SUSTAINED HEALTH
INITIATIVES OF THE
PHILIPPINES, INC.**



FOREWORD

As 2019 draws to a close, we'd like to take time to reflect and take stock of the work we have been undertaking, towards our goal of providing quality of care, and quality of life for people living with HIV and AIDS.

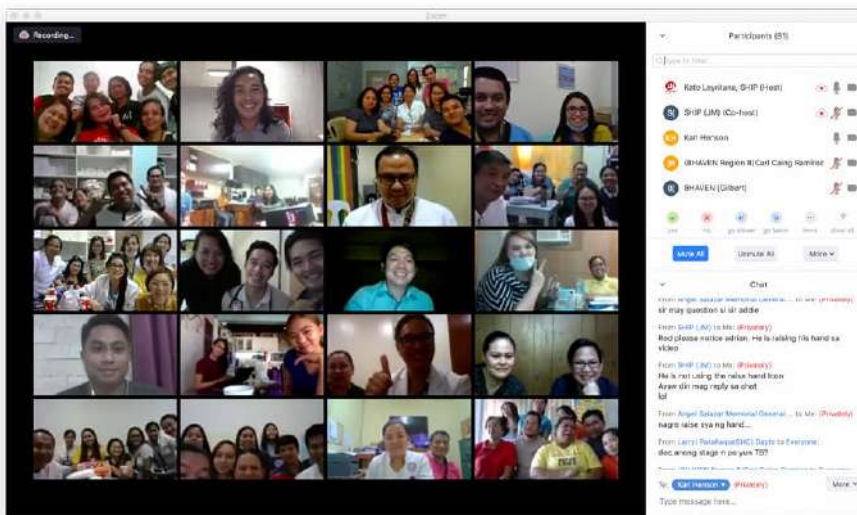
We would like to share with you the highlights of the year that was, as a way to thank all of you and to celebrate key initiatives and milestones that we reached in 2019.

SHIP extends its deepest appreciation to all our partners, supporters, clients, students and all stakeholders in the community for supporting our mission - to bridge gaps in the HIV response by strengthening the continuum of care through innovation, partnerships, and capacity building.

HIV TELEHEALTH TRAINING PROGRAM (HTTP)

HTTP bridges the gap in HIV response through Information and Communications Technologies (ICTs) while strengthening collaboration among HIV care providers from private institutions and local government-led facilities.

This is SHIP's groundbreaking and highly-successful online distance learning program on Primary HIV Care, on its **2nd** year, and **3rd** batch.



FOR 2019:

395

**ONLINE
PARTICIPANTS**

from

75

**HEALTH FACILITIES
NATIONWIDE**

This 16-week ICT-enabled distance education program connects HIV experts to health personnel & non-specialists from various facilities all over the Philippines through an innovative and cost-effective approach.



With HTTP, SHIP aims to:

- increase the knowledge base and skillsets of HIV healthcare providers in HIV primary care, management of opportunistic infections and co-occurring diseases and other issues surrounding HIV care.
- improve the communication and referral system among hubs and paramedical services
- roll out this program on a national level with partners and supporters

HTTP employs a teleconferencing and webinar application that has augmented the knowledge of skills of health workers from all over the country. This project is supported by Gilead Sciences.

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HIV PRIMARY CARE WORKSHOPS

"I will become a primary care physician and eventually would want to manage health programs aimed at aiding in addressing the HIV epidemic and address other social determinants and their impact. This workshop will help me provide better health service to my patients."

Newly-licensed MD, participant, Batch 5

SHIP'S popular and innovative 2 1/2 day training course on HIV Primary Care is the first of its kind, and does away with the traditional lecture format of the past, and involves interactive learning experiences with collaborative tasks and case-based learning.

The sessions are led by the best of specialists and experts in field of HIV, public health, gender & sexuality, law & human rights.

This year, we conducted two workshops, with a total of

68 SCHOLARS

coming from public and private hospitals, treatment hubs, city health offices and social hygiene clinics, BPOs and CBOs. At the end of the course, participants are awarded certificates and CPD units.

This year's run of our HIV Primary care Workshops are supported by VXI, Camber Pharmaceuticals and Medicomm Pacific.



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CONNECT FOR LIFE

" I appreciate how they make their services convenient for the clients by having an appointment scheduling system and also a mobile app to remind me to take my medication, and my succeeding appointments."

SHIP Clinic Patient

Connect for Life (CFL) is a collaboration between Janssen Pharmaceutical Companies of Johnson & Johnson (Janssen) and SHIP, encouraging people to adhere to their HIV medication and empowering them to choose healthy behaviors.



WITH CFL, OUR CLINIC HAS ACHIEVED AN AVERAGE OF

91%

ADHERENCE RATE for patients on Anti-Retroviral Treatment

Connect for Life™ uses basic mobile phones to send short, simple & actionable messages to influence behavior through health tips and adherence reminders. It offers treating physicians a clinical information system to further engage with their patients and offers patients the means to stay connected across remote locations. It helps reduce situations where patients could experience stigma and removes the challenges of remote access by allowing health providers to follow up on patients any time, anywhere.

ADHERENCE

Good adherence to HIV treatment gives the HIV medicines the chance to do their job to prevent HIV from multiplying and destroying the immune system. HIV medicines help people with HIV live longer and healthier lives, and reduce the risk of HIV transmission.

Strict adherence to antiretroviral therapy (ART) is key to:

- Sustained HIV suppression
- Reduced risk of drug resistance
- Improved overall health, quality of life and survival
- Decreased risk of HIV transmission

*Source: <http://aidsinfo.nih.gov>

WHAT IS SHIP'S MOBILE PHONE SUPPORT SERVICE?

Using SHIP's mobile phone support service, powered by Connect for Life™, you will receive information to help manage your health better and receive assistance with your treatment when required. The service will also remind you when your appointments are due. This is the first time an interactive patient mobile phone support system is being made available here in the Philippines, only at SHIP Clinic.

- 1 User sets PIN via call.
- 2 User enters PIN.
- 3 User avails of the Connect for Life services.

MOBILE PHONE SUPPORT SERVICES

REMINDEES

You will get a PIN-protected reminder phone call when it's time to take your medication or an SMS when you have an appointment at the clinic.

HEALTH TIPS

You get health tips about the topics you choose with every reminder.

- Fitness, nutrition and lifestyle
- Mental health or coping
- Sexual risk reduction
- Drug use harm reduction
- Medical

SYMPTOM REPORTING

When you feel unwell, you don't have to go to the clinic right away, you can simply report your symptoms via the system. It will explain if it's serious or a normal side effect of your ART medications and gives advice on what to do.

CONTACT:

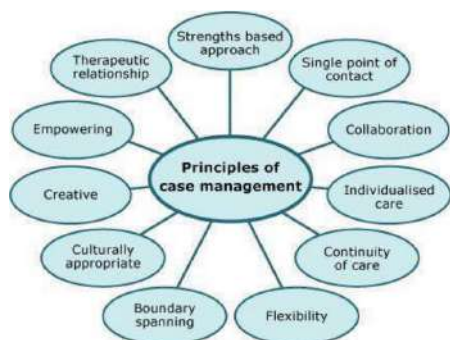
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SUPPORTIVE CASE MANAGEMENT PROGRAM

"Thank you to SHIP for providing me with support.. when I was in the rehabilitation center for my substance abuse and mental health issues. I am indebted to the unwavering support of the clinic in my journey in dealing with my issues."

SHIP Clinic Patient

SHIP's Supportive Case Management Program provides assistance in obtaining medical, social, community, legal, financial and other needed services for people living with HIV and AIDS.



32
CASES
handled this year

Our program has focused on basic counseling, psychoeducation and strengthening referral systems. The sessions are focused on assisting patients in 3 essential areas:

Physical wellness
Mental Health
Financial stability

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We have completed the first phase of this project, which aspires to curb the continuous increase of HIV epidemic through empowerment of community organizations that are in the frontlines of providing programs on prevention, treatment, care and support for key populations affected by HIV.

The main objective of this program is to enhance the capacity of CBOs in the area of organizational management. We strongly believe that an organization with strong skill sets on technical, research, and grant proposal writing will greatly impact the sustainability of their projects and services in their respective localities.

With the completed baseline assessment, we will be organizing a series of Bootcamps and online training programs in 2020, to strengthen and sustain these organizations. This initiative is supported by Gilead Sciences.

**STRENGTHENING
AND SUSTAINING
CBOs**

**COMPLETED BASELINE
ASSESSMENTS OF**

31

**COMMUNITY-BASED
ORGANIZATIONS**

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ONLINE DONATIONS

This year, we strengthened our resource mobilization efforts through corporate and online giving partnerships.



Thank you very much to the generosity of the following donors in the USA who made online donations through our Give2Asia online site:

Thank you E*Trade Philippines for making SHIP one of your sponsored organizations for your corporate gift-giving in 2019!



Thank you PayPal for making us one of the registered charities for your PayPal Gives program! Online giving to SHIP is facilitated through the **Benevity** Platform.



- Dzu Bui
- Christopher Negado
- Daulton Lewis
- Peter Lopez
- anonymous donors

Support our initiatives!
Donate via Give2Asia today!
www.give2asia.org/ship

CONTACT:

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SHIP APPOINTS NEW EXECUTIVE DIRECTOR



We welcome to the SHIP Family Dr. Angelo Juan Ramos, who is the Foundation's new ED, effective October 2019.

Dr. Ramos brings with him more than 15 year's experience in leading, managing and mobilizing non-profit organizations, having previously led two national NGOs and worked in the areas of public health, education and access to information. He also led a consortium of health informatics researchers in the Asian region.

Doc Gelo is a physician and public health expert by profession, and has been involved in HIV advocacies for more than 20 years. He is also a HIV Primary Care Physician at the SHIP Clinic.

WANGO GALLAGA WRITES ARTICLES FOR SHIP

SHIP is honored to have renowned writer Wanggo Gallaga share his insights on the most pressing issues about HIV - from his point of view. He shares his unique perspectives and experiences on how to live and thrive with HIV.

His online column "Blood Makes Noise", can be accessed via the **SHIP website** and on our **Facebook Page**.



UPDATES

PARTICIPATION

THIS YEAR, WE PRESENTED AND PARTICIPATED IN THESE EVENTS:

FEBRUARY

HIV and Drug Use Situation in the Philippines. United Nations, New York, USA

JUNE

Differentiated care delivery through Telemedicine for PLHIV in the Philippines. K Leyritana, E Simpauco, J Salisi. Oral & Poster Presentation, 4th Asia Pacific HIV Co-infections Conference 2019, Hong Kong

The challenge that I faced with ARV...": A Qualitative Approach to Developing a Mobile Phone-based Intervention to Support Adherence to Antiretroviral Therapy in Manila, Philippines. K Calica, C O'Connor, K Leyritana. Poster Presentation, 4th Asia Pacific HIV Co-infections Conference 2019, Hong Kong

Barriers to Accessing Quality Care for HIV and Substance Use in the Philippines: In-Depth Interviews with PLHIV Who Use Drugs. R Olete, C O'Connor, K Leyritana. Poster Presentation, 4th Asia Pacific HIV Co-infections Conference 2019, Hong Kong

JULY

Effectiveness of HIV Telehealth Training Program in increasing the level of knowledge of HIV care personnel in the Philippines: a Pilot study. R Olete, K Leyritana, C O'Connor. Oral Presentation AIDS 2019, Mexico City, Mexico.

Effectiveness of 5-Point Modular Program for HIV Care Providers and Rehabilitation Care Providers in the Philippines: A Pilot Study. R Olete, K Leyritana, C O'Connor. Oral Presentation AIDS 2019, Mexico City, Mexico

AUGUST

The Philippines War on Drugs: Where did it lead us? Chemsex Symposium - Taoyuan, Taiwan.

HIV and Stigma in the Philippines. R Olete. Stigma/Discrimination Network in Southeast Asia - Bangkok, Thailand

1st Workshop on the Revision of the BJMP Memorandum Circular (MC) on the Management of HIV-AIDS in Jails in the Philippines. United Nations Office on Drugs and Crime (UNODC) in the Philippines and Directorate for Health, Bureau of Jail Management and Penology (BJMP). Tagaytay City, Cavite

How to teach and practice evidence-based Healthcare. Hotel Benilde Maison, Ermita, Manila

SEPTEMBER

Developing your Mental Health Policy and Conceptualizing your Mental Health Programs Workshop. Gray Matters Psychological Center, Makati City

NOVEMBER

National Consultation for the Development of HIV Strategic Plan 2021-2025. Department of Health. Tagaytay City, Cavite.



BOARD OF TRUSTEES

Dr. Anthony Decoste - Chair
Dr. Katerina Leyritana - Medical Director
Cara O'Connor - Member
Lorenzo Lewis - Member
John Hill - Member

THE CREW

Dr. Angelo Juan Ramos - Executive Director
Rod Olete - Programs Manager
Hoffman Cureg - Finance Manager

Ivy Hapitan Radnir Arandia
Kris Calica Aldrin Dizon
Project Officers

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