NEWLY DIAGNOSED HIV CASES

In March 2018, there were 912 new HIV antibody seropositive individuals reported to the HIV/AIDS & ART Registry of the Philippines (HARP) [Table 1]. Sixteen percent (148) had clinical manifestations of advanced HIV infection (WHO clinical stage 3 or 4) at the time of diagnosis.

Ninety-four percent (858) of the newly diagnosed were male. The median age was 27 years old (range: 16 - 69 years old). More than half (52%, 471) were 25-34 years old and 31% (283) were 15-24 years old at the time of testing.

About one third (32%, 294) were from the National Capital Region (NCR). Region 4A (17%, 153 cases), Region 7 (9%, 85), Region 3 (9%, 85), Region 6 (5%, 50), and Region 11 (5%, 43) round off the top six regions with the most number of newly diagnosed cases for the month, together accounting for 77% of the total [Figure 3].

Sexual contact remains the predominant mode of transmission (99%, 899). Among this, eighty-six percent (774) of newly diagnosed infections were among males who have sex with males (MSM). Other mode of transmission were needle sharing among injecting drug users (1%, 11). There were 2 cases that had no data on mode of transmission.

Among the newly diagnosed females this month, 14 were pregnant at the time of diagnosis. Nine of the cases were from NCR, three from Region 7 and the remaining two were each from Regions 3 and 4A.

Table 1. Summary of HIV diagnoses and deaths

Demog	raphic Data	Mar 2018	Jan—Mar 2018	Jan 2013– Mar 2018	Jan 1984- Mar 2018
Total reported cases		912	2,804	41,575	53,192
With advanc	ced infection ^a	148	452 4,342		5,484
Male		858	2,666	39,727	49,731 ^b
Female		54	138	1,848	3,450 ^b
Age Range (Median)		16-69 (27)	3-70 (28)	1-82 (27)	1-82 (28)
Age groups: <15 y/o		0	5	92	154 ^c
	15-24 y/o	283	827	12,130	14 , 938°
	25-34 y/o	471	1,449	21,686	27,228°
	35-49 y/o	140	456	6,729	9,395°
	50 y/o & above	18	67	938	1,404 ^c
Pregnant		14	25	235	248
Reported deaths		21	73	2,115	2,518

^a WHO clinical stage 3 or 4

Average number of people newly diagnosed with HIV per day, selected years 2011 2013



Fig. 1: Number of newly diagnosed cases per month, 2016-2018

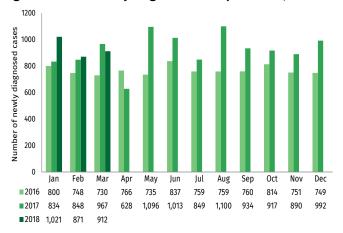


Fig. 2: Modes of transmission among newly diagnosed, Mar. 2018

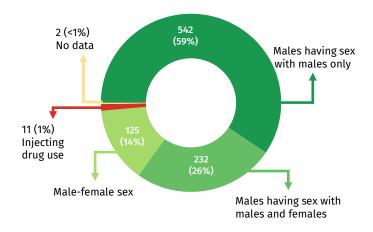
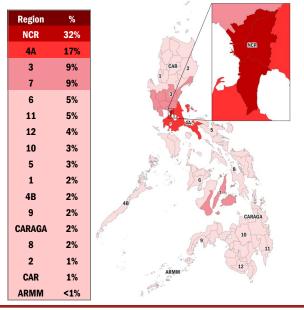


Fig. 3: Proportion by region of residence among newly diagnosed, March 2018



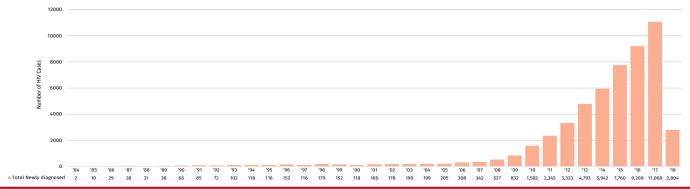


No data on sex for 11 cases ^c No data on age for 73 cases

HIV/AIDS EPIDEMIC TRENDS IN THE PHILIPPINES (January 1984 - March 2018)

The first case of HIV infection in the Philippines was reported in 1984. Since then, there have been 53,192 confirmed HIV cases reported to the HARP [Table 1]. Ninety-three percent (49,731) were male and 3,450 (6%) were female; there were no data on sex for 11 cases. The median age was 28 years old (age range: 1 year - 82 years; no data on age for 73 cases). More than half (27,228 or 51%) were from the 25-34 year age group while 14,938 (28%) were youth 15-24 years old [Figure 6]. Seventy-eight percent (41,575) of all the 53,192 diagnosed cases in the Philippines were reported from January 2013 to March 2018 [Table 1]. Ten percent (5,484) of the total ever reported cases had clinical manifestations of advanced infection at the time of reporting (WHO clinical stage 3 & 4). From January to March 2018, 16% of the newly diagnosed cases were reported to had advanced infection.

Figure 4: Number of HIV cases reported in the Philippines by year, Jan. 1984 to Mar. 2018 (N=53,192)

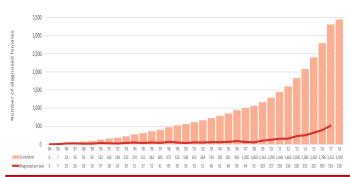


Age and sex

In the early years of the epidemic (1984-1990), 62% (132 of 214 cases) of those diagnosed were female. From 1991 to present, males comprised 94% (49,649) of the 52,967 diagnosed cases in the Philippines.

However, the number of diagnosed HIV infections among females has also been increasing [Figure 5]. The number of females diagnosed from Jan to Mar 2018 (138) is more than three times the number of diagnosed compared to the same period of 2013 (52), five years prior. Ninety-

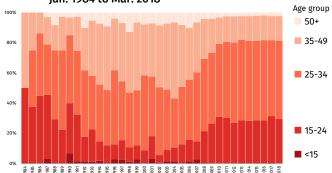
Figure 5: Number of females diagnosed per year Jan. 1984 to Mar. 2018 (N=3,450)



three percent (3,197) of all female cases were in the reproductive age group (15-49 years old) at the time of diagnosis.

The predominant age group among those diagnosed has shifted from 35-49 years old between 2001 to 2005, to 25-34 years old starting from 2006 [Figure 6]. The proportion of HIV positive cases in the 15-24 year age group increased from 25% in 2006-2010 to 29% in 2011-2018.

Figure 6: Proportion of HIV cases by age group, Jan. 1984 to Mar. 2018



Geographic distribution

From January 1984 to March 2018, the regions with the most number of reported cases were NCR with 21,641 (41%) cases, Region 4A with 7,775 (15%) cases, Region 7 with 4,855 (9%) cases, Region 3 with 4,725 (9%) cases, and Region 11 with 3,065 (6%) cases. Nineteen percent (10,019) of the cases came from the rest of the country (ROTC) while 1,112 (2%) did not report region of residence [Table 2].

Of the 3,450 females reported with HIV, 902 (26%) were from NCR, 556 (16%) were from Region 3, 423 (12%) were from Region 7, 358 (10%) were from Region 4A and 918 (27%) were from other regions while 293 (9%) had no reported data on region of residence.

The regions with the most number of overseas Filipino workers (OFW) reported to HARP were NCR with 1,921 (34%) cases, Region 4A with 952 (17%) cases, and Region 3 with 628 (11%) cases.

Table 2: Number of HIV cases diagnosed by region

Region	March 2018 (N= 912)	Jan—Mar 2018 (N=2,804)	Jan 2013— Mar 2018 (N=41,575) ^a	Jan 1984 - Mar 2018 (N=53,192) ^b
NCR	294 (32%)	896 (32%)	16,262 (39%)	21,641 (41%)
4A	153 (17%)	453 (16%)	6,456 (15%)	7,775 (15%)
7	85 (9%)	269 (10%)	3,956 (10%)	4,855 (9%)
3	85 (9%)	269 (10%)	3,810 (9%)	4,725 (9%)
11	43 (5%)	139 (5%)	2,459 (6%)	3,065 (5%)
Rest of the country	252 (28%)	778 (27%)	8,624 (21%)	10,019 (19%)

^a No data on region of residence for 8 (<1%) cases

b No data on region of residence for 1,112 (2%) cases

Modes of transmission

From January 1984 to March 2018, sexual contact among MSM was the predominant (84%, 41,710) mode of transmission among males, followed by male-female sex (11%, 5,665), and sharing of infected needles (4%, 1,904) [Table 3]. More than half (53%, 22,101) of MSM were 25-34 years old at the time of testing, and 30% (12,711) were 15-24 years old. Among diagnosed females, male-female sex was the most common mode of transmission (92%, 3,169) followed by sharing of infected needles (3%, 116)[Table 3].

A total of 138 children (less than 10 years old), eight adolescents (10-19 years old), and one adult foreigner (22 years old) were reported to have acquired HIV through mother-to-child transmission.

From 1984 to 2006, the predominant mode of transmission was male-female sex. From 2007, the trend shifted to sexual contact among MSM as the predominant mode of transmission and has remained as such to the present. From January 2013 to March 2018, 83% (34,301) out of the total (41,575) newly diagnosed cases were among MSM.

From 1984 to 2009, transmission through sharing of infected needles were <1% of the total cases reported. The proportion of cases of injecting drug users (IDU) increased sharply in 2010, at 9% (147) of the total cases reported that year. The proportion of new cases among people who inject drugs decreased to <6% of the total cases in succeeding years.

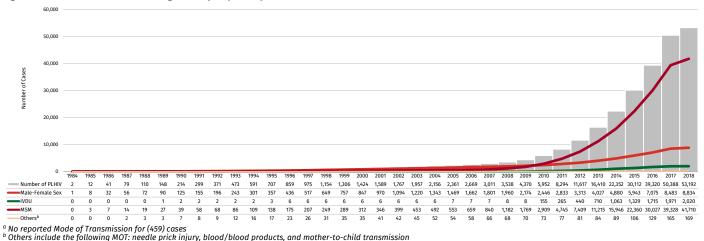
Table 3. Modes of HIV transmission

Mode of Transmission	March 2018 (N=912)		Jan—Mar 2018 (N=2,804)		Jan 2013- Mar 2018 (N=41,575)		Jan 1984- Mar 2018 (N=53,192) ^b	
	Ma	Fa	М	F	М	F	М	F
Sexual contact	845	54	2,600	133	38,094	1,728	47,375	3,169
Male-female sex	71	54	218	133	3,793	1,728	5,665	3,169
Male-male sex	542	-	1,657	-	21,700	-	26,246	-
Sex w/ males & females ^c	232	-	725	-	12,601	-	15,464	-
Blood/blood products	0	0	0	0	0	0	5	14
Sharing of needles	11	0	46	3	1,505	75	1,904	116
Needlestick injury	0	0	0	0	0	0	2	1
Mother to child	0	0	2	2	49	39	80	67
No data	2	0	18	0	79	6	365	83

^a Sex at birth; M= Male, F = Female

Regional patterns vary across the modes of transmission. Forty-four percent of males who have sex with males ever diagnosed were from NCR; almost all (99%) reported with injecting drug use were from Region 7; and 34% of females who engaged in transactional sex were from Region 3.

Figure 7: Cumulative number diagnosed per year by mode of transmission, Jan. 1984 to Mar. 2018 (N=53,192)°



SPECIFIC POPULATIONS

Youth (15-24 years old)

In March 2018, 283 (31%) cases were among youth 15-24 years old; 94% were male. Almost all (99%, 281) were infected through sexual contact (26 male-female sex, 182 male-male sex, 73 sex with both males & females), while two cases had no data on mode of transmission.

From January 1984 to March 2018, 14,938 (28%) of the reported cases were 15-24 years old. Ninety-six percent (14,393) were infected through sexual contact (1,682 male-female sex, 8,334 male-male sex, 4,377 sex with both males & females); 457 were infected through needle sharing among IDU, one was infected through mother-to-child transmission and 87 had no data on mode of transmission. Eighty-one percent (12,130) of all those 15-24 years old at the time of testing (14,938) were diagnosed from January 2013 to March 2018. From 1984 to 2002, 71% (178) of the cases among the youth were females. However, in 2003, there was an equal number (7) of males and females reported. Since then, the trend has shifted to male predominance.

^b No data on sex for 11 cases

^c Among males only

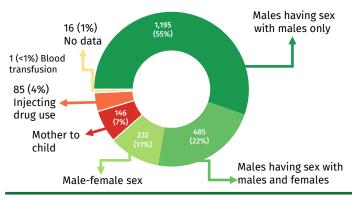


Children (<10 yo) & adolescents (10-19)

There were 48 newly diagnosed adolescents 10-19 years old in March 2018. Almost all (98%) were infected through sexual contact (2 male-female sex, 36 male-male sex, 9 had sex with both males & females) and one had no data on mode of transmission. There were no reported children less than 10 years old.

Four percent (2,160) of all diagnosed cases from January 1984 to March 2018 were 19 years old and younger at the time of diagnosis. One hundred forty-one out of the 2,160 (7%) were children less than 10 years old, and among them 138 were infected through mother-to-child transmission; one through blood transfusion; and two had no data on mode of transmission. Ninety-three percent (2,019 out of 2,160) were adolescents 10 to 19 years old, and among them 1,848 (92%) were male. Ninety-five percent of the adolescents were infected through sexual contact (232 male-female sex; 1,195 male-male sex; and 485 sex with both males & females), 85 (4%) were infected through sharing of infected needles, 8 (<1%) through mother-to-child transmission, and 14 had no data on the mode of transmission [Figure 8].

Figure 8. Modes of transmission among children and adolescents <19 years old, Jan 1984 - Mar 2018 (N=2,160)

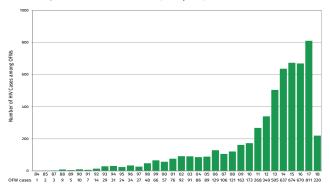


Overseas Filipino workers

Eighty people who worked overseas within the past five years of diagnosis, whether on land or at sea, were newly diagnosed in March 2018. They comprise 9% of the total newly diagnosed cases for the month. Eighty-five percent (68) were male. All of the newly diagnosed were infected through sexual contact (25 male-female sex, 33 male-male sex, and 22 sex with both males and females). The ages of male OFWs ranged from 20 to 53 years (median: 30 years). Sixty-five percent of the cases belonged to the 25-34 year age group. Among the female OFWs diagnosed in March 2018, four cases were from the 25-34 age group and five cases were from the 35-49 age group. The age range among newly diagnosed female OFWs was 23 to 54 years (median: 36 years).

From January 1984 to March 2018, out of the 53,192 cases, 5,617 (11%) were OFWs (Figure 9). Of these, 4,831 (86%) were male. Majority of the male cases (70%) were infected through sexual contact among MSM (1,932 male-male sex and 1,465 sex with both males & females). The ages of male OFWs ranged from 16 to 80 years (median: 32 years). Among female OFWs, ages ranged from 20 to 73 years (median: 34 years old).

Figure 9. Number of reported OFW diagnosed with HIV, Jan 1984 - Mar 2018 (N=5,617)



People who engage in transactional sex

People who engage in transactional sex are those who reported that they either pay for sex, regularly accept payment for sex, or do both. Reporting of transactional sex was included in the HARP started in December 2012.

In March 2018, 12% (106) of the newly diagnosed engaged in transactional sex [Table 4]. Ninety-five percent (101) were male and were 17 to 69 years old (median: 30 years). More than half of the males (60) reported paying for sex only, 26% (26) reported accepting payment for sex only and 15% (15) engaged in both. Among the five newly diagnosed females who engaged in transactional sex, the median age was 24 years old (age range: 20 to 35). Four cases were reported accepting payment only and one case reported paying for sex.

A total of 4,959 cases reported to HARP from December 2012 to March 2018 were people who engaged in transactional sex. Ninety-six percent (4,747) were male and 4% (212) were female. There were 2,642 (53%) who

paid for sex, 1,544 (31%) accepted payment for sex, and 773 (16%) engaged in both.

Table 4. Age and sex of people diagnosed with HIV who engaged in transactional sex

Type of Transactional Sex	March 2018 (N=106)	Jan—Mar 2018 (N=355)	Dec 2012-Mar 2018 (N=4,959)
Accepted payment for sex only:	30 (28%)	126 (35%)	1,544 (31%)
Male	26	111	1,424
Female	4	15	120
Age Range (Median)	18-34 (26)	14-47 (26)	14-68 (26)
Paid for sex only:	61 (58%)	181 (51%)	2,642 (53%)
Male	60	179	2,624
Female	1	2	18
Age Range (Median)	17-69 (32)	17-70 (30)	16-79 (31)
Engaged in both:	15 (14%)	48 (14%)	773 (16%)
Male	15	46	699
Female	0	2	74
Age Range (Median)	18-44 (29)	18-44 (29)	16-62 (28)

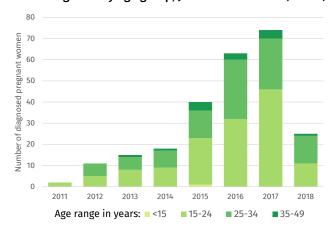
Pregnant women living with HIV

Reporting of pregnancy status at the time of testing was included in the HARP from the year 2011.

In March 2018, fourteen newly diagnosed women were reported to be pregnant. Nine of the cases were from NCR, three from Region 7 and the remaining two were each from Regions 3 and 4A. The age at diagnosis ranged from 20 to 35 years old (median age: 26).

Since 2011, a total of 248 diagnosed pregnant women were reported. More than half (54%, 135) were 15-24 years old at the time of diagnosis, and 39% (98) were 25-34 years old. The regions with highest number of diagnosed pregnant women were NCR (49%), Region 7 (25%), Region 4A (8%), and Region 3 (6%). [Figure 10]

Figure 10. Number of women who were pregnant at the time of diagnosis by age group, Jan 2011 - Mar 2018 (N=248)



DEATHS AMONG PEOPLE WITH HIV

In March 2018, there were 21 reported deaths due to any cause among people with HIV. Majority (90%, 19) were male [Table 5]. Twelve (57%) cases were from 25-34 years old, five (24%) cases were from 35-49 years old age group; three (14%) were 15-24 years old, and one (5%) case was 50 years & older. All of the cases were reported to have acquired the infection through sexual contact (4 through male-female sex, 10 through male-male sex, and 7 through sex with both males & females).

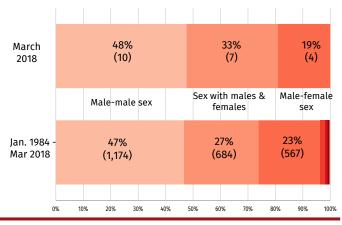
A total of 2,518 deaths were reported from January 1984 to March 2018. Ninety percent (2,258) were male. Almost half (1,236 or 49%) were 25-34 years old at the time of death; 19 (1%) were less than 15 years old, 382 (15%) were 15-24 years old, 703 (28%) were 35-49 years old, and 175 (7%) were 50 years and older [Table 5]^a. Sexual transmission (96%) was the most common mode of HIV transmission (567 male-female sex, 1,174 male-male sex, 684 sex with both males and females). There were 45 reported deaths among those who were infected through sharing of needles, 18 deaths among those who were infected through mother-to-child transmission, and 8 among those who were infected through blood transfusion [Figure 11]^b.

Table 5. Demographic data of reported deaths among people with HIV

Demographic Data	Mar 2018	Jan—Mar 2018	Jan 1984–Mar 2018
Total Reported Deaths	21*	73*	2,518**
Male	19	68	2,258
Female	2	5	260
Age group: <15 y/o	0	0	19
15-24 y/o	3	12	382
25-34 y/o	12	37	1,236
35-49 y/o	5	22	703
50 y/o & above	1	2	175

^{*}The date of reporting is March 2018; the date of death does not necessarily fall in the report-

Figure 11: Proportion of reported deaths among people with HIV by mode of transmission





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HIV/AIDS & ART Registry of the Philippines (HARP) Report

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HIV/AIDS & ART Registry of the Philippines (HARP)

The Philippine HIV/AIDS & ART Registry of the Philippines (HARP) is the official record of the total number of laboratory-confirmed HIV positive individuals, and deaths in the Philippines. All individuals in the registry are confirmed by the San Lazaro Hospital STD/AIDS Cooperative Central Laboratory (SACCL) which is the National Reference Laboratory (NRL) of the Department of Health (DOH) for HIV/AIDS. Mandatory HIV testing is unlawful in the Philippines (Republic Act

The process of reporting to the HARP is as follows: All blood samples from accredited HIV testing facilities that are screened HIV reactive are sent to SACCL for confirmation by Western Blot. Confirmed HIV positive individuals are reported to the DOH-Epidemiology Bureau (EB) and are recorded in the HARP.

The HARP is a passive surveillance system. Except for HIV confirmation by the NRL, all other data submitted to the HARP are secondary and cannot be verified. For example, the HARP cannot determine if an individual's reported place of residence is where the person got infected, or where the person lived after being infected, or where the person is presently living. This limitation has major implications on data interpretation. Readers are advised to interpret the data with caution and consider other sources of information before arriving at conclusions

^aNo data available on age for 3 cases

^bNo data available on mode of transmission for 22 cases

ing month.

^{**}No data available on age for 3 cases

Note: Due to database enhancements, numbers in this report may vary from previous reports.



DOH Designated HIV Treatment Hubs & Primary HIV Care Facilities*

Treatment Hubs (outpatient and inpatient care & treatment)

6418 / (072) 607-9912 8000 875 1410 / (078) 304-1810 3561 loc. 1225 7688 / (044) 816-1000 Loc 204 1274 / (047) 237-1275 loc. 103 / 522 8888 loc. 181 / 09177736638 / 09175716869 6801 / 09336215028 4052 / 09988627015 7845 to 49 loc. 2073 / 09322128175 / 300 / 095968173441 014 / 09192442299 8970 loc. 247
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4155 / (032) 253-9891 to 96 loc. 102
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3121 / (053) 321-3363 -9770
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2731 loc. 5140 / (082) 321-7061
8000
-3347
4571
4216 loc. 381 / 09155816480
-0568 / 09173068186
4206
4306
162
128
400 loc. 3249
790
628 loc. 332
000 loc. 6765
8999 loc. 2134 (CTTM) / 09178014314 700

^{*} As per DOH Department Memorandum No. 2018-0031



DOH Designated HIV Treatment Hubs & Primary HIV Care Facilities*

Primary HIV Care Facilities (outpatient care & treatment)

26899/ 09325479455
0-3450/ 09325478488/ 26900
67475 / 009260726596
12727
35634
15-3145/ 09368040043
06-2276/ 24776/ 81119
5-4097
16-0279
44183
34-4057/ 13539/ 09258787158
33-0987/ 09255591663
58-2489/ 09285077400
7/ 2734704
6000
22-4187
02-8115
3-2572
8-8925 / 09175631722
-6942
24033412
34877
61158
26611
0-6406

^{*} As per DOH Department Memorandum No. 2018-0031

Other facilities providing outpatient HIV care and treatment

Region	Name of Facility	Address	Contact Information
3	San Marcelino District Hospital Shelter of Holistic and Positive Embrace (HoPE) San Marcelino District Hospital First Floor Admin Building, National Road Sto. Domingo, San Marcelino, Zambales		09398630806
	Bernardo Social Hygiene Clinic	Ermin Garcia St., Brgy. Pinagkaisahan, Quezon City	09193635919
	Batasan Hills Super Health Center (Social Hygiene Clinic)	#1 IBP Road, Batasan Hills, Quezon City	09322959752 / 09232790558
	Mandaluyong Social Hygiene Clinic 20 M. Lerma St. cor. Vicencio St, Mandaluyong City		(02) 546-7799
NCR	Muntinlupa Reproductive Health and Wellness Center	2nd Floor, Putatan Health Center, National Rd, Putatan, Muntinlupa City	(02) 834-5997
	Pasay Social Hygiene Clinic	2nd Floor, Lagrosa Health Center, F.B. Harrrison St. Pasay City	(02) 806-3197
	Taguig Social Hygiene Clinic	3/F Goldilocks Bldg., Gen. Luna St., Taguig City	(02) 642-1262 / 09267542917
	Valenzuela Social Hygiene Clinic	Valenzuela City Hall, Poblacion II, Malinta, Valenzuela City	(02) 352-6000 loc. 6046